

WITH THE POWER OF PRAYER 7

W "Keep watch and pray that you may not undergo the test. The spirit is willing, but the flesh is weak"

(Mt 26:41)

In depth...

When Jesus was in the Garden of Olives on the night before he died, he was in agony because of what he had to face the next day. He had taken Peter, James and John to be with him at such a difficult moment and to pray together with him. But they kept falling asleep, so he told them, "Watch and pray!" He had taken these three apostles with him, to be close to him in such a difficult moment, and also to pray for themselves, because they, too, were going to face a terrible trial.

Jesus prayed with all his heart because he knew that he would be tortured and killed, and he was struggling against the fear and the horror of his death.

He threw himself into the arms of his Father, asking to be faithful to His will all the way to the end.

And he wanted to help his



In this Jesus is really a model for those who have to face terrible trials, and at the same time he is a brother who stands by our side in difficult moments.

Palabra Word Parola

How can we live this Word of Life?

We need to know that our life will include trials, some big, some small, and sometimes every day. Jesus tells us that the first thing we have to do in order to overcome any trial is to be vigilant, to be on guard. **We need to understand that God permits these trials, not to discourage us, but so that we may overcome them and grow spiritually.**



At the same time we have to pray!

Jesus assures us that the heavenly Father will never leave us without the strength of the Holy Spirit, if we are vigilant and ask him with faith

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That's what happened to Lin from Jordan

This year it was hard to make friends with my new classmates. They made fun of me and left me out of things, because they seemed to think I was different from them. It was a challenge to keep loving them and being the first to love, instead of giving into the temptation that suggested, "Just stay away from them!" One day, one of my classmates, whom I always tried to help, stopped talking to me. In my heart I asked Jesus: "Please help me to keep loving her and seeing her with new eyes." A few days later, during an interval, I saw her coming towards me. She hugged me and apologized for her actions. In that moment I experienced that the only weapon we should use is to love always, asking Jesus for the strength to keep going, and we will always win. But that wasn't the end! To my surprise, at the end of the year, all my classmates came to me saying, "Lin, always stay the way you are, you are on the right path!"

Play & Learn

COUNT and ADD UP all the times you managed to start over again:

Five empty circles for counting and adding up.

