YOU HAVE
ONLY
ONE LIFE

6 WoL

WORD OF LIFE

«Whoever finds his life **will lose it**, and whoever loses his life for my sake **will find it**.»

Mt 10:39

From the commentary of Chiara Lubich
Adapted by the Gen 3 Center

Under the magnifying glass...

You can have **two attitudes** towards **LIFE**:

•be attached to this earthly life and think only of **yourself**

•believe there is a much greater **LIFE** that **will never end**, not even with death

So how can we **"LOSE"** and **"FIND" LIFE**?

If we put ourselves at the service of others all day long, if we learn to **transform** every small action into a **gesture of love**, we will experience the joy of being totally **fulfilled**.

If we want to be true Christians, we have to make Jesus the center of our life. And what does Jesus want from us?
To love others.
If we make his plan our own, we will certainly lose ourselves and find true life.

!f we **LOVE**, **LIFE** grows strong in us and we will be full of **JOY!!!**

Measure **how much joy** you have today!

Circle the picture that describes "your" smile:

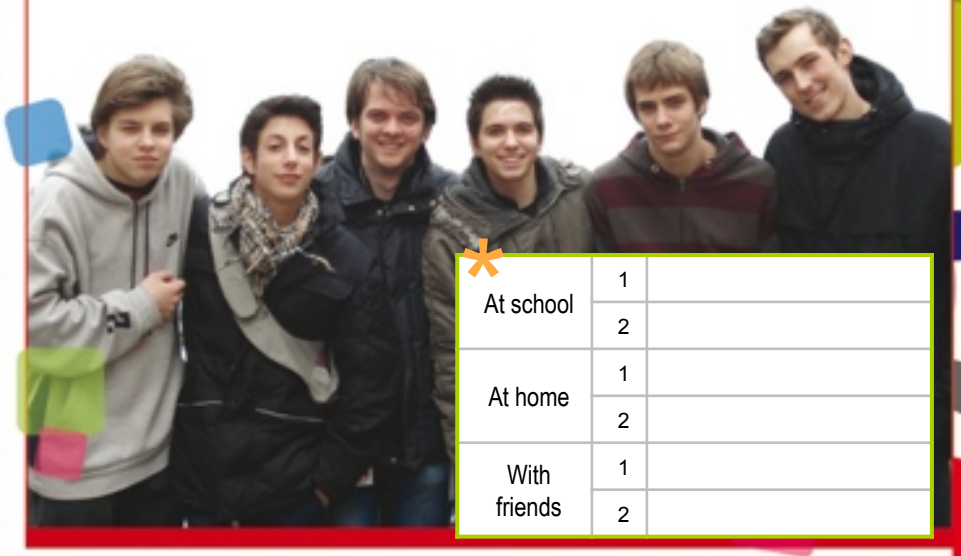
:-) :-| :-(

So let's **look around** and fill our day with **acts of love.**

This month **let's do a lot of good for everyone**, as much as we can.

…and when it seems you don't have any more ideas of how to love people, you can always pray for them.

* Write below the acts of love you did in following Jesus' invitation:



*

At school	1	
	2	
At home	1	
	2	
With friends	1	
	2	

This is what happened to… Chiara Luce Badano

One of us!
She was a teenager and yet she lived our Ideal so well that, at only 18 years of age, she was totally fulfilled and happy with a happiness that lasts forever! Yes, she was full of joy and in fact that's what the Church recognizes in her, because she is being beatified, which means "supremely happy." But what did she do that was so special? When she was 14, she wrote:
"I rediscovered the Gospel in a whole new light. I realized that I wasn't an authentic Christian because I wasn't living it fully. Now I want to make this magnificent book the only aim in my life. I don't want to – I cannot – remain ignorant of such an extraordinary message. Just as it's easy for me to learn the alphabet, so I have to learn to live the Gospel…" From *Chiara Luce, a life lived to the full*, page 23-24.

Send your experiences to our Forum at
www.teens4unity.net